

CINNAMON STEWED APPLE & PEAR




SERVES 4


COOK IN 25 MIN


4 EASY STEPS

CINNAMON STEWED APPLE & PEAR

Ingredients

- 3 apples, peeled and sliced
- 3 pears, peeled and sliced
- 1 tsp lemon juice
- ½ tsp cinnamon
- ½ cup water

Serve with:

- 1 dollop greek yogurt

Method

1. Peel, core and quarter fruits.
2. Place in a large pot with water, lemon juice and cinnamon.
3. Bring to the boil (add more water if needed) and simmer for 20 minutes or until soft, stirring occasionally.
4. Serve with a dollop of greek yogurt.



Recipe by Rosie Mansfield

